



CBW's Trackies

Park Ridge High School Track and Field

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COACHES

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MEET RESULTS

Girls Records

Boys Records

County, Sectional,
Relay Records

TRACK AND FIELD RECORDS - Girls

Download Records [here](#)

100 M	Chelsea Coleman	12.8	2006
	Andrea Ostrowski		1981
200M	Chelsea Coleman	26.7	2006
	Rebecca Skovira		2009
400M	Rebecca Skovira	58.88	2009
800M	Kristen Gray	2:22.01	2010
1600M	Vivien Harstead	5:20	1982
3200M	Dalene Coultis	11:40.2	1986
100HH	Dawn Johansmeyer	15.2	1980
400IH	Nicole Sermabeikian	1:07.6	2007
PV	Isabella Skovira	8' 6"	2008
HJ	Jamie Sacco	5' 4"	2006
LJ	Chelsea Coleman	17'	2008
TJ	Dawn Johansmeyer	33' 6.5"	1980
SP	Celia Mistretta	39' 9"	1982
Discus	Karen Smith	131' 9"	1975
Javelin	Rebecca Skovira	135' 11" (RT)	2010
4x100	Dawn Johansmeyer Tracey Gunther Tracye Blackwell Delia McDarby	51.1	1979
4x200	Samantha Bonizzi Rachael Bartz Lauren Mazzei	1:54.9	2008

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4X400	Chelsea Coleman Andrea Ostrowski Cindy Prusha Tracey Gunther Dawn Johansmeyer	4:07.2	1980
4X800	Gaby Skovira Annie Moylan Leann Gray Heather Lehmann	10:24.6	2006
4X1600	Gaby Skovira Leann Gray Heather Lehmann Annie Moylan	23:13.1	2006
Shuttle Hurdles	Nicole Sermabeikian Katrina Lambregtse Samantha Bonizzi April Kaiser	1:13.2	2007
3x400IH	Samantha Bonizzi Rachael Bartz Jacquie Guglielmo	3:52.0	2009
Sprint Medley	400-Rebecca Skovira 200-Lauren Mazzei 200-Steph Baumann 800-Kristen Gray	4:29.3	2010
Distance Medley	1200-Heather Lehmann 400-Sarah Hoenigmann 800-Annie Moylan 1600-Gaby Skovira	13:19.7	2006
Javelin Relay	Rebecca Skovira Amy Sigillito Kristen Gray	289' 5"	2010
Discus Relay	Jessica Lehmann Christy Yang Jenn Kim	276' 2"	2005
Shot Put Relay	April Kaiser Jamie Sacco Kelsey Taormina	93' 2.5"	2008
Triple Jump Relay	Jamie Sacco Veronica Kim Isabella Skovira	90' .05"	2008
Long Jump Relay	Chelsea Coleman Veronca Kim Isabella Skovira	42' 7.25"	2008
Pole Vault Relay	Isabella Skovira Kristen Gray Chelsea Coleman	21' 6"	2009

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